

**HLT****HLT 124 Health and Wellness 3.0 UNITS**

This is a course designed to identify principles of health, disease, nutrition, stress management, and exercise necessary in maintaining a healthy lifestyle. Concepts of risk factors, morbidity, and mortality are discussed.

**HLT 211 Community Health 3.0 UNITS**

Community Health is three hour lecture course that introduces the major concepts and principles of community health and the determinants of health status in communities. Community health covers the basics of administration, public health laws, and human resources managements. The course also discusses areas, such as health information, ethics and leadership.

**HLT 103 Principles of First Aid 3.0 UNITS**

This course combines lectures, demonstrations, and hands-on training and practice. Students will learn to recognize and respond to emergencies including shock, cardiac emergencies, poisonings and first aid assessments and interventions. A significant amount of the course involves demonstrations and practice labs.

**HLT 212 Substance Abuse and Addiction 3.0 UNITS**

The course provides an overview of the field of substance abuse and addictions including but not limited to the psychopharmacology related to treatment. In addition, the course conveys an understanding of the impact of abuse on individuals, families, communities and society. Substance use is approached from a variety of prospective; behavioral, pharmacological, historical, social, and clinical.

**HLT 111 Introduction to Health Care 2.0 UNITS**

This is an introductory course for students who are planning a career in healthcare or a health-related field. This course provides students with a foundation for success in future courses as well as an introduction to the various health professions and the interrelated interdisciplinary health care teams. The course explores resources for health career planning and the concepts of professionalism, healthcare ethics, cultural competence, global health issues, and health care polices.

**HLT 112 Pathophysiology 3.0 UNITS**

Examines the concepts of both wellness and illness in terms of causation, prevention, diagnosis, treatment, and classification.

Knowledge of anatomy and physiology and medical terminology is helpful for the successful completion of this course. Course may be offered only once during an academic year.

**HLT 115 Dynamics of Health Care in Society 3.0 UNITS**

This course provides students with an understanding of the basic concepts and issues that are associated with the management and regulation of healthcare providers and the delivery of health services. Emphasis is placed on third party payers in reimbursement of health care services. These include Medicare, Medicaid and Private Insurers. Alternative systems of organization are also introduced, as are changes occurring in the health care professions and the health care sector as a whole. Prerequisite: Exit Basic English.

**HLT 210 Medical Law and Ethics 3.0 UNITS**

This course examines the legal aspects of the relationship between the patient and health care service providers. The legal obligations of health care providers are discussed. Subject matter covered includes, but is not limited to, topics such as negligence, malpractice, uniform donor acts, informed consent, medical ethics, living wills, and current trends in this area.

**HLT 110 Culture, Diversity, and Healthcare 3.0 UNITS**

This course is intended to cultivate a student's knowledge and skill necessary to effectively communicate and interact with culturally diverse populations in the health care setting. Students gain an understanding of the process in developing cultural competence as a means of responding effectively to the ethnic and racial demographic changes challenging our health care system, identify potential social, political, and economic determinants of health care disparities; and understand the importance of providing culturally and linguistically appropriate healthcare services with accreditation and regulatory agencies.

**HLT 207 Environmental Health 3.0 UNITS**

This course introduces students to environmental effects on human health. Students gain an understanding of the impact of natural environmental factors and pollutants on human disease as well as formulate possible solutions to the major environmental health problems facing individuals and communities in industrialized and developing countries. Lecture topics include the effects of the environmental pollutants and chemicals on human health such as asbestos, lead,

pesticides and tobacco. Students examine health issues through various case studies with an emphasis on possible future approaches to control health problems influenced by the environment.

**HLT 216 Healthcare Navigation 3.0 UNITS**

This course incorporates the many areas of responsibility for healthcare navigators. Students learn to build client relationships, communicate in a culturally competent manner, assess patients' needs, and locate health care resources to help overcome barriers to access, and to resolve problems.

**HLT 215 Service Learning Comm Health 2.0 UNITS**

Students are engaged in ongoing service through partnerships with community agencies as an integral part of the course. The service-learning component addresses such topics as basic communication and relationship skills. Students learn about and are exposed to under-served and under-represented populations. Students are introduced to skills and issues relevant to medicine, nursing and health professions, social work, and epidemiology.

**HLT 205 Health Services Administration 3.0 UNITS**

This is a comprehensive course that encompasses the scope of responsibilities of administering a health care unit or facility. The theoretical basis for health systems as well as the overall planning, organizing, managing, and evaluating systems and policy issues are discussed.

**HLT 128 Consumer Health 3.0 UNITS**

This course allows students to have a framework for evaluating consumer health information. This course enables students to make intelligent decisions about how to obtain and use health related products, services, facilities, and personnel.

**HLT 218 Health Disparities in the United States 3.0 UNITS**

This course introduces students to the concepts of health equity and health disparities. The course uses the lens of social justice as the broad overview of health disparities in the United States is explored. The course examines relevant historical issues, theories, and empirical data, emphasizing critical analysis and application of knowledge. Students gain a better understanding of research on health disparities and interventions to promote health equity. Pre-requisite: ENG-101.

**HLT 126 Principles of Public Health 3.0 UNITS**

This course provides a broad perspective of public health and presents both local and global public health challenges that face our society in the 21st century. The course provides an overview of the dynamic field of public health, its basic framework, concepts, and methodologies. The focus of this overview is on improving and maintaining health on a population level through identification, surveillance of disease, and injury prevention strategies. Pre-requisite: ENG-101.

**HLT 130 Global Health 3.0 UNITS**

This course presents an overview of global health issues from the perspective of health as a human right. The course analyzes the impact of biological, socio-cultural, economic, environmental, and political determinants of health. Students examine past and emerging infectious diseases, chronic disease, and the impact of environmental and political emergencies on the delivery of disease prevention and health promotion.